

Mind Care Associates, LLC

SMS/MMS Messaging Opt-in

Opt-in Messaging Disclosure

Manual Opt-In

Mind Care uses text messages to keep you updated on your service and support requests. Messages may include service notifications, technical support, appointment confirmations, and account updates. Message frequency varies. Message and data rates may apply. You may opt out at any time by replying STOP. For help, reply HELP or contact us at [Contact Us page](#)

Business Name: _____
Full Name: _____
Email: _____
Mobile Number: _____

Inbound Messaging Disclosure

Automatic Opt-In

By texting Mind Care at **(314) 997-6463**, you consent to receive SMS/MMS messages from Mind Care. These may include replies to your inquiries, service updates, account information, or technical support. Message frequency may vary. Message and data rates may apply. Reply STOP to unsubscribe or HELP for assistance.

By subscribing you agree to receive SMS/MMS messages from Mind Care to the mobile number provided below. Message frequency varies. Message and data rates may apply. You may opt out at any time by replying STOP. For help, reply HELP.

By checking this box, you consent to receive text messages from Mind Care.

Signature: _____
Date: _____

Privacy Policy Disclosure: Mind Care respects your privacy. When you opt in to receive messages from us, we collect and use your phone number solely for the purpose of delivering relevant updates, support, or service notifications. We do not share or sell your personal information. Message frequency may vary. Message and data rates may apply. You may opt-out at any time by replying STOP. For help, reply HELP or contact us at frontdesk@mindcarellc.com